DIG BOXING

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
06:00 - 07:00 **Boxeo Fast (Máx 16)**	06:00 - 07:00 **Boxeo Mixto (Máx 18)**	06:00 - 07:00 **Boxeo Fast (Máx 16)**	06:00 - 07:00 **Boxeo Fast (Máx 18)**	06:00 - 07:00 **Boxeo Endurance (Máx 16)**	08:00 - 09:00 **Boxeo Fast (Máx 18)**	
07:00 - 08:00 **Boxeo Mixto (Máx 16)**	07:00 - 08:00 **Boxeo Endurance (Máx 16)**	07:00 - 08:00 **Boxeo Mixto (Máx 16)**	07:00 - 08:00 **Boxeo Mixto (Máx 18)**	07:00 - 08:00 **Boxeo Fast (Máx 18)**	09:00 - 10:00 **Boxeo Endurance (Máx 16)**	
18:00 - 19:00 **Boxeo Mixto (Máx 16)**	18:00 - 19:00 **Boxeo Endurance (Máx 16)**	18:00 - 19:00 **Boxeo Mixto (Máx 16)**	18:00 - 19:00 **Boxeo Mixto (Máx 16)**	17:00 - 18:00 **Boxeo Mixto (Máx 16)**		
19:00 - 20:00 **Boxeo Fast (Máx 16)**	19:00 - 20:00 **Boxeo Mixto (Máx 16)**	19:00 - 20:00 **Boxeo Fast (Máx 16)**	19:00 - 20:00 **Boxeo Endurance (Máx 16)**			

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DIG FUNCTIONAL

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
06:00 - 07:00 **Sweat (Máx 10)**	06:00 - 07:00 **Force (Máx 8)**	06:00 - 07:00 **Sweat (Máx 10)**	06:00 - 07:00 **Sweat (Máx 10)**	06:00 - 07:00 **Force (Máx 8)**	08:00 - 09:00 **Sweat (Máx 10)**	
07:00 - 08:00 **Force (Máx 8)**	07:00 - 08:00 **Sweat (Máx 10)**	07:00 - 08:00 **Force (Máx 8)**	07:00 - 08:00 **Force (Máx 8)**	07:00 - 08:00 **Sweat (Máx 10)**	09:00 - 10:00 **Sweat (Máx 10)**	
09:00 - 10:00 **Dig Open (Máx 8)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Force (Máx 8)**	
10:00 - 11:00 **Dig Open (Máx 8)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**		
11:00 - 12:00 **Dig Open (Máx 8)**	11:00 - 12:00 **Dig Open (Máx 8)**	11:00 - 12:00 **Dig Open (Máx 6)**	11:00 - 12:00 **Dig Open (Máx 6)**	11:00 - 12:00 **Dig Open (Máx 6)**		
12:00 - 13:00 **Dig Open (Máx 8)**	12:00 - 13:00 **Dig Open (Máx 8)**	12:00 - 13:00 **Dig Open (Máx 6)**	12:00 - 13:00 **Limpieza de la Sala (Máx 0)**	12:00 - 13:00 **Limpieza de la Sala (Máx 0)**		
13:00 - 14:00 **Dig Open (Máx 8)**	13:00 - 14:00 **Limpieza de la Sala (Máx 0)**	13:00 - 14:00 **Dig Open (Máx 6)**	13:00 - 14:00 **Dig Open (Máx 6)**	13:00 - 14:00 **Dig Open (Máx 6)**		
14:00 - 15:00 **Dig Open (Máx 8)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**		
15:00 - 16:00 **Dig Open (Máx 8)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**		
16:00 - 17:00 **Dig Open (Máx 8)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**		
18:00 - 19:00 **Force (Máx 8)**	17:00 - 18:00 **Sweat (Máx 10)**	18:00 - 19:00 **Force (Máx 8)**	17:00 - 18:00 **Sweat (Máx 10)**	18:00 - 19:00 **Force (Máx 8)**		
19:00 - 20:00 **Sweat (Máx 10)**	18:00 - 19:00 **Force (Máx 8)**	19:00 - 20:00 **Sweat (Máx 10)**	18:00 - 19:00 **Force (Máx 8)**			
	19:00 - 20:00 **Force (Máx 8)**		19:00 - 20:00 **Force (Máx 8)**			

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DIG WEIGHT

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
05:00 - 06:00 **Building (Máx 9)**	05:00 - 06:00 **Building (Máx 9)**	05:00 - 06:00 **Building (Máx 9)**	05:00 - 06:00 **Building (Máx 9)**	05:00 - 06:00 **Building (Máx 9)**	08:00 - 09:00 **Building (Máx 9)**	
06:00 - 07:00 **Building (Máx 9)**	06:00 - 07:00 **Building (Máx 9)**	06:00 - 07:00 **Building (Máx 9)**	06:00 - 07:00 **Building (Máx 9)**	06:00 - 07:00 **Building (Máx 9)**	09:00 - 10:00 **Building (Máx 9)**	
07:00 - 08:00 **Building (Máx 9)**	07:00 - 08:00 **Building (Máx 9)**	07:00 - 08:00 **Building (Máx 9)**	07:00 - 08:00 **Building (Máx 9)**	07:00 - 08:00 **Building (Máx 9)**	10:00 - 11:00 **Building (Máx 9)**	
08:00 - 09:00 **Building (Máx 9)**	08:00 - 09:00 **Building (Máx 9)**	08:00 - 09:00 **Building (Máx 9)**	08:00 - 09:00 **Building (Máx 9)**	08:00 - 09:00 **Building (Máx 9)**	11:00 - 12:00 **Building (Máx 9)**	
09:00 - 10:00 **Dig Open (Máx 8)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**	09:00 - 10:00 **Dig Open (Máx 6)**		
10:00 - 11:00 **Dig Open (Máx 8)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**	10:00 - 11:00 **Dig Open (Máx 6)**		
11:00 - 12:00 **Dig Open (Máx 8)**	11:00 - 12:00 **Dig Open (Máx 6)**	11:00 - 12:00 **Dig Open (Máx 6)**	11:00 - 12:00 **Dig Open (Máx 6)**	11:00 - 12:00 **Limpieza de la Sala (Máx 0)**		
12:00 - 13:00 **Dig Open (Máx 8)**	12:00 - 13:00 **Limpieza de la Sala (Máx 0)**	12:00 - 13:00 **Dig Open (Máx 6)**	12:00 - 13:00 **Dig Open (Máx 6)**	12:00 - 13:00 **Dig Open (Máx 6)**		
13:00 - 14:00 **Dig Open (Máx 8)**	13:00 - 14:00 **Dig Open (Máx 6)**	13:00 - 14:00 **Dig Open (Máx 6)**	13:00 - 14:00 **Dig Open (Máx 6)**	13:00 - 14:00 **Dig Open (Máx 6)**		
14:00 - 15:00 **Dig Open (Máx 8)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**	14:00 - 15:00 **Dig Open (Máx 6)**		
15:00 - 16:00 **Dig Open (Máx 8)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**	15:00 - 16:00 **Dig Open (Máx 6)**		
16:00 - 17:00 **Dig Open (Máx 8)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**	16:00 - 17:00 **Dig Open (Máx 6)**		
17:00 - 18:00 **Building (Máx 9)**	17:00 - 18:00 **Building (Máx 9)**	17:00 - 18:00 **Building (Máx 9)**	17:00 - 18:00 **Building (Máx 9)**	17:00 - 18:00 **Building (Máx 9)**		
18:00 - 19:00 **Building (Máx 9)**	18:00 - 19:00 **Building (Máx 9)**	18:00 - 19:00 **Building (Máx 9)**	18:00 - 19:00 **Building (Máx 9)**	18:00 - 19:00 **Building (Máx 9)**		
19:00 - 20:00 **Building (Máx 9)**	19:00 - 20:00 **Building (Máx 9)**	19:00 - 20:00 **Building (Máx 9)**	19:00 - 20:00 **Building (Máx 9)**	19:00 - 20:00 **Building (Máx 9)**		
20:00 - 21:00 **Building (Máx 11)**	20:00 - 21:00 **Building (Máx 11)**	20:00 - 21:00 **Building (Máx 11)**	20:00 - 21:00 **Building (Máx 11)**			